



Hong Kong, 17 September 2025

**To Ms. Neha Parekh
School of Psychological Sciences,
Christ University,
India**

Dear Ms. Neha Parekh,

We are pleased to inform you that your single presentation abstract, titled “Exploring How Indian Young Athletes Understand and Apply Self-Compassion,” has been successfully approved and accepted for presentation at the 16th ISSP World Congress – Sponsored by Shine Tak Foundation. The congress will take place in Hong Kong, China, from December 8th to 12th, 2025.

It is our honor to extend this invitation to you, and we eagerly anticipate your participation in this prestigious event. Your expertise and insights will undoubtedly contribute significantly to the success of the congress.

We look forward to welcoming you to Hong Kong and to the opportunity to engage with your valuable perspectives on this important topic.

Sincerely,

**Dr. Robert Schinke,
President of the ISSP**

**Dr. Raymond So,
Director of the ISSP 16th World Congress**